**Veg Shawarma**

Prep time: 15 min Cook time: 20 min

**Ingredients:**

* 1 cup assorted vegetables (bell peppers, onions, mushrooms, zucchini)
* 1 tsp olive oil
* ½ tsp cumin
* ½ tsp paprika
* Salt and pepper to taste
* 2 tbsp hummus
* Whole wheat pita bread or wrap
* Optional: pickled cucumbers, lettuce

**Instructions:**

1. Toss chopped vegetables with oil and spices.
2. Grill or roast until tender and slightly charred.
3. Warm the pita bread. Spread hummus inside.
4. Add vegetables and optional toppings.
5. Roll tightly and serve warm.

**Serving suggestion:** Serve with a side of Fattoush or mint yogurt dip.